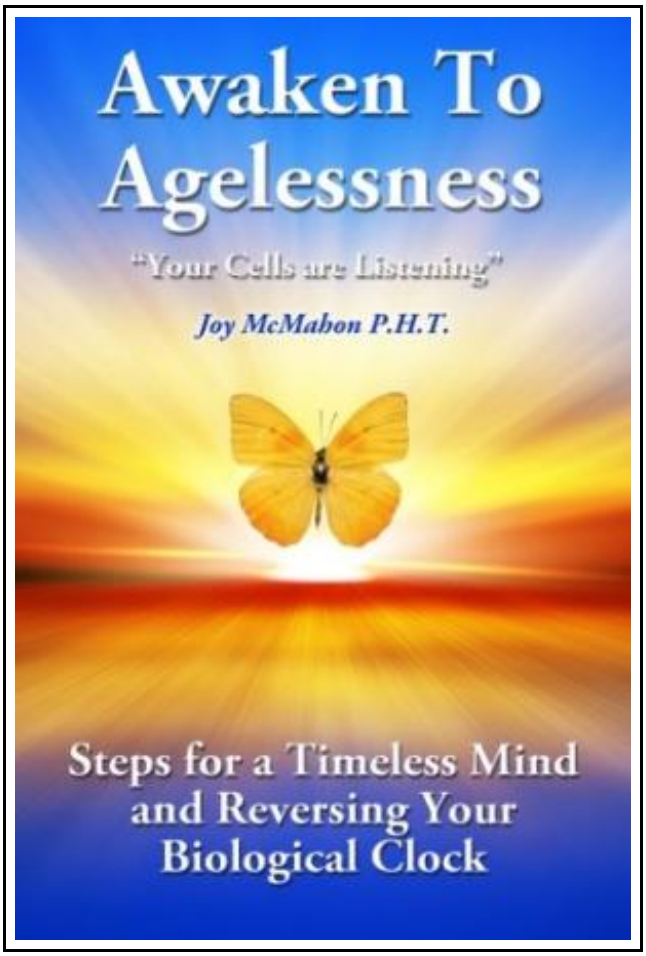
Awaken to Agelessness: Steps for a Timeless Mind and Reversing Your Biological Clock (Paperback)



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Reviews

This written book is excellent. It really is rally fascinating throgh studying period. You are going to like the way the writer write this publication.
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AWAKEN TO AGELESSNESS: STEPS FOR A TIMELESS MIND AND REVERSING YOUR BIOLOGICAL CLOCK (PAPERBACK)

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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Author Joy McMahon is a well known Transformational teacher, Motivational speaker, Yoga instructor, and Stress Management Consultant. In this book, Joy will captivate you as she details her amazing self proven methods for reversing your Biological Clock and slowing down the aging process year after year! Her personal journey into the discovery of the age reversal process is inspiring, and illuminating; showing us we can all become ageless at the cellular, mental and spiritual levels of being. Proven scientific studies about the biology of cellular rejuvenation and age reversal, using the un-mistakable power of the mind for agelessness, are also shared. This step-by-step guide gives you valuable information that you can use for a lifetime! Joy s professional background includes being the first registered Acupressure Therapist in Washington State in the early 1980 s, in the field of Holistic Health. She was also a member of the American Medical Holistic Association during that time. She was invited to share her knowledge about Acupressure for the active Spokane Holistic Association, and in area wide hospitals, conventions, and various organizations. She enjoyed many appearances on television and the radio. Her work was also covered by the Spokane News Press and local magazines. Because of her knowledge in Acupressure, this book also includes illustrated pages with detailed information for Acupressure Facelift techniques.

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