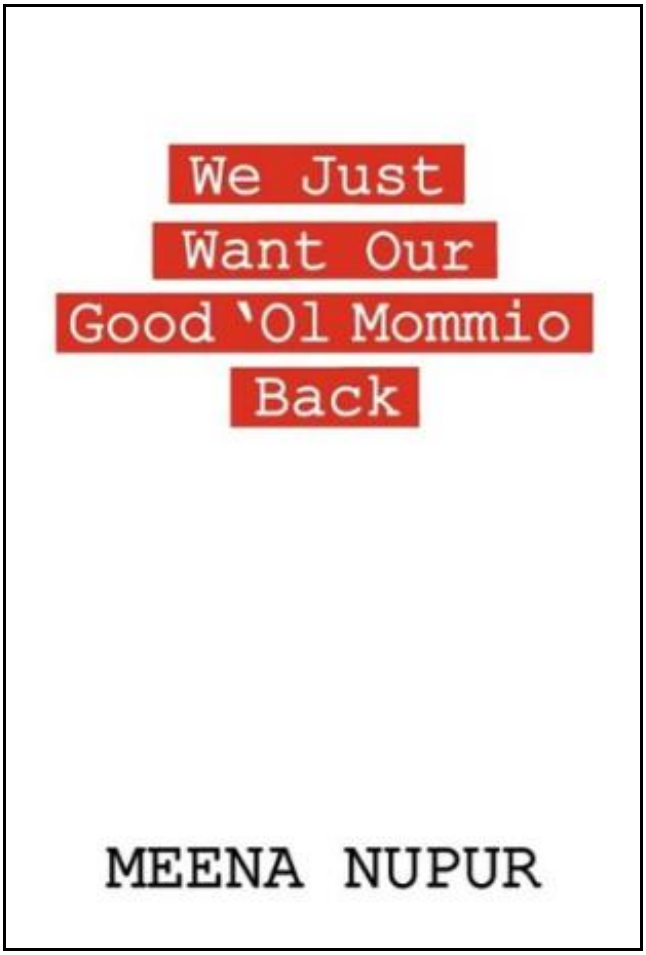
We Just Want Our Good Ol Mommio Back



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Reviews

This written publication is fantastic. I am quite late in start reading this one, but better then never. You will not feel monotony at at any time of your respective time (that's what catalogues are for concerning should you ask me).

(Tevin McClure)

WE JUST WANT OUR GOOD OL MOMMIO BACK

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Outskirts Press. Paperback. Book Condition: New. Paperback. 192 pages. Dimensions: 9.0in. x 6.0in. x 0.4in.This is a book on Practical Vendanta or Applied Spirituality. It has been said that when one gains jnana (knowledge), one must share so that others are helped. I believe that Baba brought me back from the dead so I may share my understanding of iodized salt and its adverse health effects. My children almost lost their mother to its destructive forces. This is a true story of how, after my heart failure, upon request from my children, I managed to hold on to my spirit, and proceeded to give them their Good Ol Mommio Back. Had it not been for Babas Grace, Satsangs (spiritually uplifting company) at our Sai Center, the seva bhava (service mindedness) of HIS Instruments, my determination to hold on to my Faith in HIM, and my blessed ability to practice HIS teachings, I might have been history a very long time ago, and several times over. I am a M. S. in environmental engineering and a M. Sc. in Nuclear Physics. I was a successful environmental business woman before iodized salt stopped me in my tracks. Baba says that ailments stem from what we eat. I learned the hard way to not eat iodized salt. Is Iodized Salt Right for You Is it a satwic (calming) condimentSuch a mundane subject matter on the surface! However, based on my experience it is a huge threat to ones mental, physical and spiritual well being. I firmly believe that Baba concurs. Or else, HE would not have blessed me with the ability to write this book even after my brains were nearly fried from the stroke that followed the heart failure in 2007. My health problems started at age 28 a few years after...

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