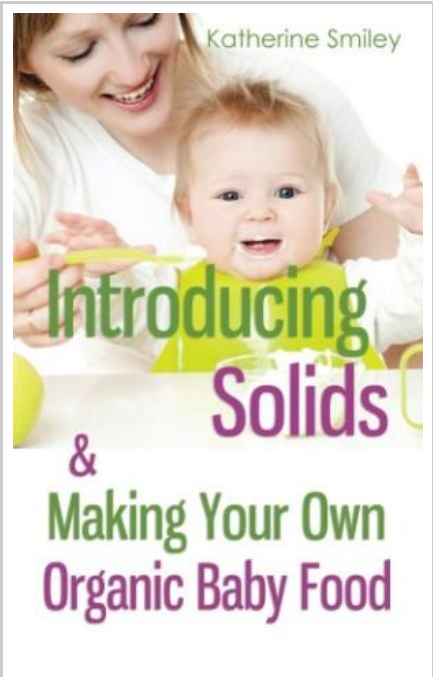


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Introducing Solids Making Your Own Organic Baby Food: A Step-By-Step Guide to Weaning Baby Off Breast Starting Solids. Delicious, Easy-To-Make, Healthy Homemade Baby Food Recipes Included. (Paperback)

By Katherine Smiley

Createspace, United States, 2014. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.Are you looking to wean your baby to solid foods and make your own organic baby food at home? Weaning a baby should be interesting and fun. Always remember that during the process, the baby will still receive much of his or her nutrition from baby formula or breast milk so you get the opportunity to experiment with what your baby likes and what he doesn t like. In Introducing Solids Making Your Own Organic Baby Food, we will talk about how to wean a baby, what foods to choose and how to make some really healthy organic baby foods for your baby to dine on. The process of weaning will take several months of trying and testing different foods. Soon, you ll have a collection of organic foods that will be available for mealtime. We ll also talk about some troubles you might have with weaning your baby and how to solve them. Every baby gets weaned sometime and will soon have a variety of organic foods that match your own at the supper table. Here are...

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