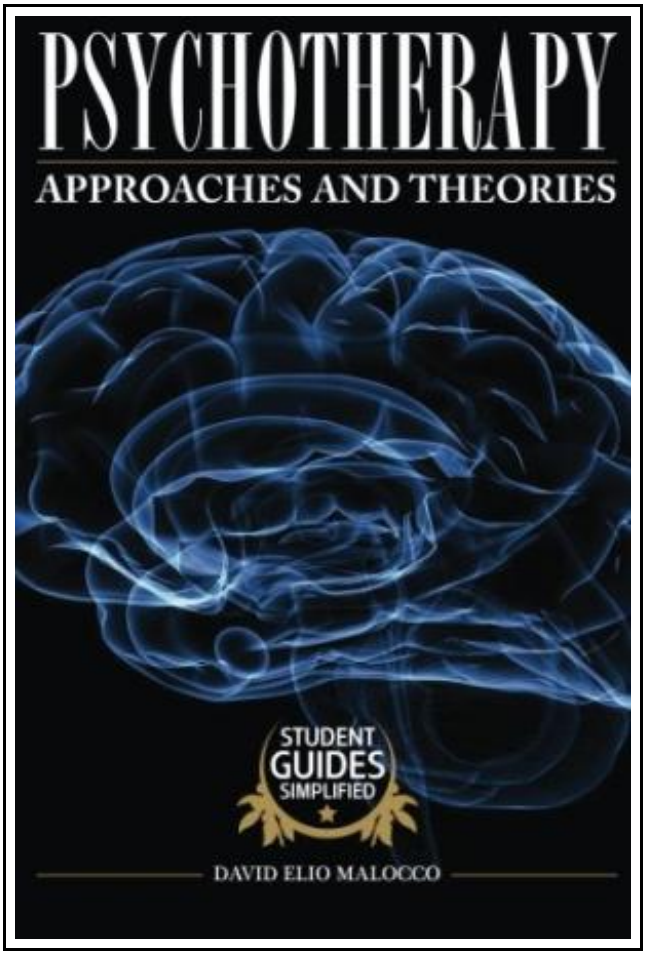
Psychotherapy: Approaches and Theories (Paperback)



Filesize: 6.68 MB

Reviews

A really awesome pdf with lucid and perfect information. It is loaded with wisdom and knowledge I am just effortlessly could get a satisfaction of reading a composed book.
(Claudine Jerde)

PSYCHOTHERAPY: APPROACHES AND THEORIES (PAPERBACK)

DOWNLOAD PDF

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Psychotherapist and author David Malocco (A Brief History of Psychology - Important Timelines; Psychotherapy - The Top 50 Theories and Theorists; and the Amazon best seller Forensic Science: Crime Scene Analysis) has produced an excellent accompaniment for any psychology or psychotherapist student, practitioner or indeed anyone interested in Psychotherapy or Counselling. The book provides a good basic introduction to psychotherapy approaches and psychotherapy theories. There are reputedly over four hundred therapies in existence but, of course, not all are utilised. The author divides the most important of these therapies into three core approaches: Psychoanalysis and the Psychodynamic Approaches; Behavioural and Cognitive Approaches and Humanistic Existentialist Approaches. Each Approach section then covers the main therapies within that approach. The Psychodynamic Approach covers Psychoanalysis, Analytical Psychotherapy, Adlerian Psychotherapy, Object Relations Therapy and Self Psychology. There are useful biographies on Sigmund Freud, Carl Jung, Alfred Adler, Melanie Klein, D.W. Winnicott, Margaret Mahler and Heinz Kohut. The Behavioural Cognitive Approach deals with Behaviourism, Cognitive Therapy, ACT, Dialectic Therapy, Cognitive Analytical Therapy, Mindfulness Based Therapies like Stress Reduction (MBSR) and Cognitive Therapy (MBCT), and Social Learning Therapy. Brief biographies are provided on John Watson, B.F. Skinner, Hans Eysenck, Albert Ellis, Donald Meichenbaum, Steven Hayes, Marsha Linehan, Anthony Ryle, Jon Kabat-Zinn, William Glasser and Albert Bandura. In the third Humanistic Existential core approach, the author examines Person Centred Therapy, Gestalt Therapy, Existential Therapy, Transactional Analysis, Human Givens Therapy, Psychosynthesis, Solution Focussed Brief Therapy, and Transpersonal Therapy. Biographies on Carl Rogers, Fritz Perls, Rollo May, James Bugental, R.D. Laing, Irwin Yalom, Eric Berne, Roberto Assagioli and Insoo Kim Berg complete this section. The author then includes a fourth part to the book...

Read Psychotherapy: Approaches and Theories (Paperback) Online
Download PDF Psychotherapy: Approaches and Theories (Paperback)

Relevant Kindle Books



History of the Town of Sutton Massachusetts from 1704 to 1876 (Paperback)

Createspace, United States, 2015. Paperback. Book Condition: New. annotated edition. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.This version of the History of the Town of Sutton Massachusetts...

Save PDF »



Learn em Good: Improve Your Child s Math Skills: Simple and Effective Ways to Become Your Child s Free Tutor Without Opening a Textbook (Paperback)

Createspace, United States, 2010. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.From a certified teacher and founder of an online tutoring website-a simple and...

Save PDF »



How to Make a Free Website for Kids (Paperback)

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Table of Contents Preface Chapter # 1: Benefits of Having a Website Chapter...

Save PDF »



Fart Book African Bean Fart Adventures in the Jungle: Short Stories with Moral (Paperback)

Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Black White Illustration Version! BONUS - Includes FREE Dog Fart Audio Book for...

Save PDF »



Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: (Learn to Read Crochet Patterns, Charts, and Graphs, Beginner s Crochet Guide with Pictures) (Paperback)

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Getting Your FREE Bonus Download this book, read it to the end and...

Save PDF »

31 Moralistic Motivational Bedtime Short Stories for Kids: 1 Story Daily on Bedtime for 30 Days Which Are Full of Morals, Motivations Inspirations (Paperback)

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Reading to children is a wonderful activity and past time that both parents

Read PDF »

Goodparents.com: What Every Good Parent Should Know About the Internet (Hardback)

Prometheus Books, United States, 2000. Hardback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book. The Internet may now be the most powerful, single source of information in the world, and

Read PDF »

A Summer in a Canyon (Dodo Press) (Paperback)

Dodo Press, United Kingdom, 2007. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s author

Read PDF »

Daycare Seen Through a Teacher s Eyes: A Guide for Teachers and Parents (Paperback)

America Star Books, United States, 2010. Paperback. Book Condition: New. 224 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Between the good mornings and the good nights it s what

Read PDF »

The Story of Patsy (Illustrated Edition) (Dodo Press) (Paperback)

Dodo Press, United Kingdom, 2007. Paperback. Book Condition: New. Illustrated. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s

Read PDF »