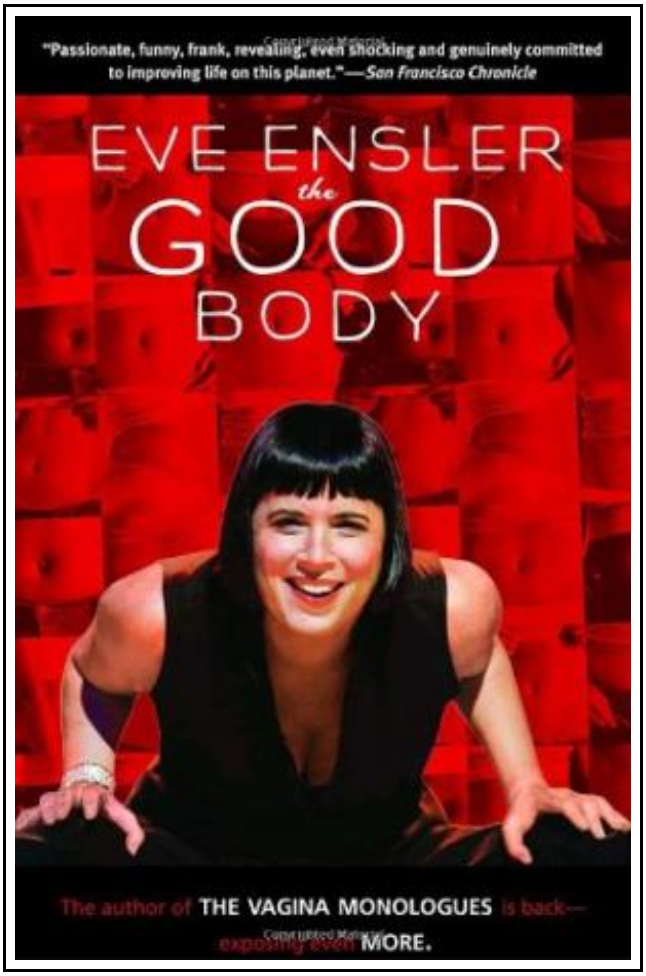
The Good Body (Paperback)



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Reviews

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Random House USA Inc, United States, 2005. Paperback. Book Condition: New. Reprint. 198 x 132 mm. Language: English . Brand New Book. Botox, bulimia, breast implants: Eve Ensler, author of the international sensation The Vagina Monologues, is back, this time to rock our view of what it means to have a good body. In the 1950s, Eve writes, girls were pretty, perky. They had a blond Clairol wave in their hair. They wore girdles and waist-pinchers. . . . In recent years good girls join the army. They climb the corporate ladder. They go to the gym. . . . They wear painful pointy shoes. They don t eat too much. They . . . don t eat at all. They stay perfect. They stay thin. I could never be good. The Good Body starts with Eve s tortured relationship with her own post-forties stomach and her skirmishes with everything from Ab Rollers to fad diets and fascistic trainers in an attempt get the flabby badness out. As Eve hungrily seeks self-acceptance, she is joined by the voices of women from L.A. to Kabul, whose obsessions are also laid bare: A young Latina candidly critiques her humiliating spread, a stubborn layer of fat that she calls a second pair of thighs. The wife of a plastic surgeon recounts being systematically reconstructed inch by inch by her perfectionist husband. An aging magazine executive, still haunted by her mother s long-ago criticism, describes her desperate pursuit of youth as she relentlessly does sit-ups. Along the way, Eve also introduces us to women who have found a hard-won peace with their bodies: an African mother who celebrates each individual body as signs of nature s diversity; an Indian woman who transcends treadmill mania and delights in her plump cheeks and curves; and a...

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