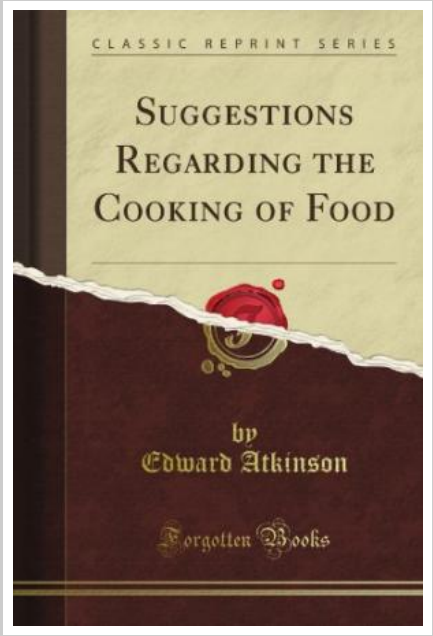


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Suggestions Regarding the Cooking of Food (Classic Reprint) (Paperback)

By Edward Atkinson

Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Excerpt from Suggestions Regarding the Cooking of Food I have from time to time presented arguments in favor of the establishment of food laboratories, or I would rather say of food experiment stations, in connection with the agricultural experiment stations that are now existing or that may be hereafter established. The argument on which I have based this recommendation is that science and invention have, up to this time, been almost exclusively devoted to the production and distribution of food material, while the science of consumption, which includes the conversion of the food material into food, has been almost wholly neglected. Within the last few years public interest has been aroused on this matter and the most urgent efforts are now being made to improve the nutrition of the people of this country. We now enjoy the greatest abundance of the best food materials at the least cost; but in common practice this food material is subjected to the very worst methods of cooking that can be conceived. Hence arises a monstrous waste of energy which might...

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