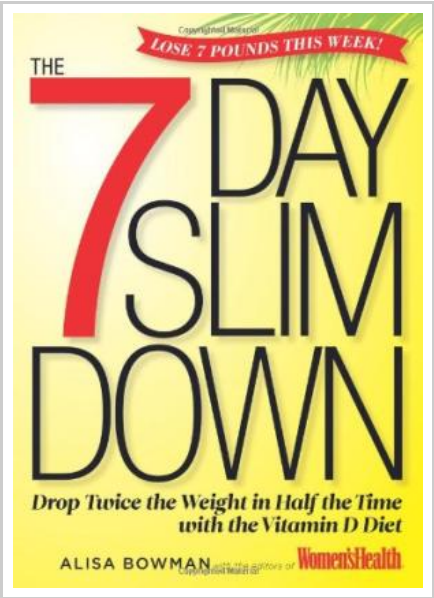


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By Bowman, Alisa; Editors of Women's Health

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